

BREAKFAST MENU

Posen Schools has a three week cycle menu for breakfast. The colors on the calendar indicated each week's cycle menu. 1% flavored & unflavored milk is served with every meal.
Menu is subject to change without notice. *THERE ARE A LOT OF SUPPLY CHAIN ISSUES THAT THE NATION IS FACING. I AM GOING TO DO MY BEST TO STICK TO THE MENU.

December 2023

M	T	W	T	F
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22 <small>1/2 day Happy Holidays!</small>
NO	SCHOOL	CHRISTMAS	BREAK	

January 2024

M	T	W	T	F
1	2	3	4	5
No School				
8	9	10	11 <small>1/2 Day</small>	12 <small>1/2 Day</small>
15	16	17	18	19
22	23	24	25	26
29	30	31		

February 2024

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16 <small>No School</small>
19	20	21	22	23
26	27	28	29	

Cycle Week 1

Monday
Breakfast Pizza,
*WG Cereal,
Fruit,
Milk/Juice

Tuesday
French Toast Sticks, *WG
Cereal, Fruit, Milk/Juice

Wednesday
*WG Donut Holes, Yogurt
*WG Cereal, Fruit, Milk/Juice

Thursday
Biscuits & Gravy, *WG Cereal
Fruit,
Milk/Juice

Friday
Pop Tart/Muffin, *WG Cereal,
Cheese Stick, Fruit,
Milk/Juice

Cycle Week 2

Monday
Pizza Bagel, *WG Cereal,
Fruit,
Milk/Juice

Tuesday
Waffles,
*WG Cereal,
Fruit,
Milk/Juice

Wednesday
Sausage Pancake Breakfast
Bites,
Syrup, *WG Cereal
Fruit,
Milk/Juice

Thursday
Pancakes, Syrup
*WG Cereal,
Fruit, Milk/Juice

Friday
Mc Muffin, Sausage, Egg and
Cheese *WG Cereal, Fruit,
Milk/Juice

Cycle Week 3

Monday
Breakfast Pizza,
*WG Cereal,
Fruit,
Milk/Juice

Tuesday
Muffin, Yogurt,
*WG Cereal, Fruit,
Milk/Juice

Wednesday
*WG Cinnamon Roll, Cheese
Stick,
*WG Cereal, Fruit,
Milk/Juice

Thursday
Scrambled Eggs & *WG Toast,
*WG Cereal,
Fruit,
Milk/Juice

Friday
Fruit Parfait,
*WG Cereal, Fruit,
Milk/Juice

Meal Prices	
Breakfast K-12	2.50
Reduced Price	.30
Adults	3.00
Milk	.50



**All meals must
be eaten in the
commons area
also known as
the old gym.**

USDA is an equal opportunity employer.

*Remember it is your responsibility
to make certain your child has money
to pay for their breakfast/lunch.*

POSEN VIKINGS

Whole Grain Cereal Kits Are Also Available Each Day

Condiments = Syrup

*WG - Whole Grains

** Breads are whole grain

LUNCH MENU Subject to change without notice

Posen consolidated schools has a three week cycle menu for lunch. Lunch is served daily. The colors on the calendar indicated each week's cycle menu. 1% flavored & unflavored milk is served with every meal.

Cycle Week 1

Monday
Turkey Gravy, Mashed Potatoes, Corn, Fruit, Choice of Milk

Tuesday
Viking Burger, Salad, Fruit, Choice of Milk

Wednesday
Hot Pocket, Fruit, Salad Bar, Dessert, Choice of Milk

Thursday
Hot Dog on a *WG Bun, Baked Beans, Fruit, Salad, Choice of Milk

Friday
Grilled Cheese Sandwich, Tomato Soup, Fish Crackers, Fruit, Salad Bar, Choice of Milk

Cycle Week 2

Monday
Bosco Stick, Marinara Sauce, Dessert, Fruit, Salad Bar, Choice of Milk

Tuesday
Chicken Patty on a *WG Bun, Buttered Noodles, Salad Bar, Fruit Choice of Milk

Wednesday
*WG Pepperoni Pizza, Corn, Fruit, Salad Bar, Desert, Choice of Milk

Thursday
Corn Dogs, Tater Tots Salad Bar, Fruit, Choice of Milk

Friday
Quesadilla, Rice, Fruit, Salad Bar, Choice of Milk

Cycle Week 3

Monday
Soft Pretzel with Cheese, Fruit, Salad Bar, Choice of Milk

Tuesday
Pasta Rotini, Green Beans, Salad Bar, Fruit, Choice of Milk

Wednesday
Sloppy Joes, Baked Chips, Salad Bar, Fruit, Choice of Milk

Thursday
Stacked Turkey or Ham Sandwich, Chicken Noodle Soup, Crackers, Salad Bar, Fruit, Choice of Milk

Friday
WG Pizza, Cookie, Hot Veggie, Salad Bar, Fruit, Choice of Milk

Meal Prices	
Lunch K-6	3.00
Lunch 7-12	3.10
Reduced	.40
Adults	5.15
Milk	.50



LUNCH IS SERVED DAILY IN ELEMENTARY AND HIGH SCHOOL

All meals must be eaten in the commons area also known as the old gym.

Condiments
Ketchup, mayo, Mustard Ranch Dressing, Margarine cups, BBQ Sauce, and Marinara sauce available

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